

MONDAY

Burger in a Bun
Quorn Southern Fried Burger in a Bun

Skin on Wedges (V)(VG)
Sweetcorn (V)(VG)

Jacket Potato with
Baked Beans, Cheese or Both

Cheese or Tuna Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Ice cream with Fruit Salad (V)

TUESDAY

BBQ Chicken with Rice (RT)
Golden Topped Macaroni & Cheese
Broccoli (V)(VG)

Jacket Potato with
Tuna Sweetcorn Mayonnaise

Cheese or Tuna Mayonnaise Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Cherry Bakewell Cookie (V)(O)(FT)(RS)

PLANET EARTH WEDNESDAY

Vegetarian Cheese & Tomato Pizza
Salmon Pastry Parcel with New Potatoes
Garlic Bread (V)
Sweetcorn & Coleslaw (V)

Jacket Potato with
Cheese, Coleslaw or Both

Egg or Cheese Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Yogurt with Fruit Cocktail (V)

THURSDAY

Roast Chicken with Gravy (RT)
Roasted Vegetarian Pastry
Roast Potatoes (V)(VG)(RT)
Carrots & Green Beans (V)(VG)
Yorkshire Pudding (V)

Jacket Potato with
Tuna, Cheese or Both

Cheese or Tuna Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Banoffee Cake
(V)(O)(FR)(FT)(RS)

17.04 - 01.05 - 15.05 - 05.06 - 19.06 - 03.07 - 17.07 - 04.09 -
18.09 - 02.10 - 16.10

ST. AIDAN'S CATHOLIC PRIMARY SCHOOL LUNCH MENU SPRING/SUMMER 2023 WEEK 1

Fresh drinking water
Seasonal fresh fruit
Low fat yogurts
Fresh baked bread
Locally sourced seasonal salad
or crudites bar.

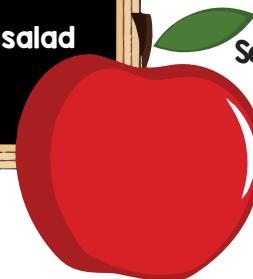
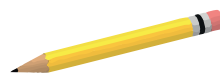
FRIDAY

Crispy Coated Fish Fingers
Vegetarian Nuggets
Oven Baked Chips (V)(VG)(RT)
Peas or Baked Beans (V)(VG)

Jacket Potato with
Cheese, Baked Beans or Both

Cheese or Egg Roll

DESSERT
Seasonal Fresh Fruit Platter (V)(VG)
Fruit Jelly (V)



(V) Vegetarian (H) Halal (O) Organic (RT) Red Tractor (FR) Free Range (VG) Vegan (FT) Fair Trade (RS) Reduced Sugar

MONDAY

Cheese Topped Bolognese Pasta Bake (O)
Chunky Vegetable Curry with Rice

Broccoli (V)(VG)

Jacket Potato with
Baked Beans, Cheese or Both

Cheese or Tuna Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Flavoured Milkshake with Melon (V)

TUESDAY

Peri Peri Chicken with Savoury Rice or Noodles (RT)
Vegetarian Quorn Thai Noodles

Sweetcorn (V)(VG)

Jacket Potato with
Tuna Sweetcorn Mayonnaise

Egg or Cheese Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Chocolate Beetroot Brownie (V)(O)(FR)(FT)(RS)

PLANET EARTH WEDNESDAY

Vegetarian Cheese & Tomato Pizza
Roasted Vegetable Pasta Bake

Garlic Bread (V)

Sweetcorn or Coleslaw (V)

Jacket Potato with
Cheese, Coleslaw or Both

Egg or Cheese Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Yogurt with Fruit Cocktail (V)

THURSDAY

Roast Chicken with Gravy (RT)
Roasted Vegetable Slice
Roast Potatoes (V)(VG)(RT)
Carrots or Green Beans (V)(VG)
Yorkshire Pudding (V)

Jacket Potato with
Tuna, Cheese or Both

Cheese or Tuna Roll

DESSERT

Seasonal Fresh Fruit Platter (V)(VG)
Zesty Orange Sponge with Custard
(V)(O)(FR)(FT)(RS)

24.04 - 08.05 - 22.05 - 12.06 - 26.06 - 10.07 - 11.09 -
25.09 - 09.10

ST AIDAN'S CATHOLIC PRIMARY SCHOOL LUNCH MENU SPRING/SUMMER 2023 WEEK 2

Fresh drinking water
Seasonal fresh fruit
Low fat yogurts
Fresh baked bread
Locally sourced seasonal salad
or crudites bar.

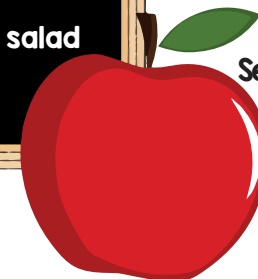
FRIDAY

Breaded Fish Fingers
Vegetarian Frittata
Oven Baked Chips (V)(VG)(RT)
Peas or Baked Beans (V)(VG)

Jacket Potato with
Cheese, Baked Beans or Both

Cheese or Egg Roll

DESSERT
Seasonal Fresh Fruit Platter (V)(VG)
Fruit Jelly (V)



(V) Vegetarian (H) Halal (O) Organic (RT) Red Tractor (FR) Free Range (VG) Vegan (FT) Fair Trade (RS) Reduced Sugar