

# St Aidan's Catholic Primary Academy

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Headteacher: Mrs Victoria Campling (BA Hons)



**Monthly newsletter: October 2024**

**Follow us on twitter: [@staidansrcprim1](https://twitter.com/staidansrcprim1)**

*'Together we enjoy Learning, Achieving, Sharing and Praying. Let Jesus Love shine through in everything we do.'*

Dear Parents/Carers,



Our Gospel stories this month have taught us about being a servant to others and love thy neighbour which is embedded in our school values. The children each week have a mission to see how they can show love to others in a variety of ways. We have had a very busy October with many inspiring topics to engage the children:

### **Young minds mental health day:**

A sea of yellow across the school on the 10<sup>th</sup> highlighted to us all about our mental health and understanding our emotions. Our mental health ambassadors Ellie-Mae and Dua led a wonderful whole school assembly with the support of Miss Williamson to share the important message that our mind matters. The girls spoke with such confidence and passion about the subject, well done we are very proud of them both. As a school the children enjoyed doodling as a mindfulness activity and created a whole school banner which will be on display with powerful messages.

### **Black history month:**

This month the focus has been on reclaiming narratives, each class have enjoyed exploring the topic in many creative ways. Today Miss Chambers and Miss Radford led a wonderful assembly to celebrate all the learning across the whole school. The children sang and presented pieces of art work to highlight their learning. Thank you to Miss Chambers for leading us this month in this inspiring topic and encouraging us to never forget and share the important parts of history.

### **OPAL parent play session:**

A huge thank you to the following parents -[Mr Poon](#), [Mrs Ribeiro](#), [Mr Hajdu](#) & [Mrs & Mrs Sanchez](#), who all joined us this week for our first Opal parent play session. It was wonderful to see the parents joining in the fun and engaging with play. The children were delighted to share their playtime. We look forward to more parents joining us for the next session next half term.

### **Month of Mary:**

This month our prayer focus was for Mary our Mother and learning the prayers of the rosary. The children learnt to say the Hail Mary prayer using Makaton and how to pray using the rosary.

### **Staff update:**

We said goodbye to Mrs McNicholas this last week after 21 years of service and commitment to St Aidan's. We thank her for her loyal and loving service to so many children over the years and wish her all the best for the future.

Please enjoy articles from the children: Nursery, Eva 3/4R, Makheda (2A), Gideon (6Dw), Daniyal (4/5D), Ethan (6Dw), Chizaram (5G), Loreen (5G), Julia (5G).

Have a restful half term break, God bless you all and your families,

*Mrs. Campling*

**Please ensure all your contact details are up to date with the school office and inform them of any changes. Please ensure you have provided emergency contact details for your child. Thank you.**

### Diary dates

- 4/11/24 – School returns at 8:45am
- 8/11/24 – Target reports to parents
- 11/11/24 – Remembrance Day service at 10:45am – Parents welcome
- 13/11/24 – Prospective parents open morning 9:30-11am
- 27/11/24 – Flu spray catch ups
- 3/12/24 – Christmas bazaar 3:30-5pm
- 5/12/24 – Opal parent play session 12-1pm
- 11/12/24- EYFS & KS1 Nativity at 10am
- 12/12/24 – Christmas dinner & jumper day
- 18/12/24 – KS2 Christmas story at 2pm
- 20/12/24 – End of term at 3:20pm

### Uniform provider

Please note we are now using a new uniform provider –  
Lucilla school wear  
180 Cranbrook rd, Ilford, IG1 4LX



[St Aidan's Catholic Primary School - Lucilla Schoolwear Ltd](http://www.staidanscatholicprimaryschool.co.uk)

The new outfitters will provide items that are more sustainable and durable.  
Orders are made online or via telephone and can be delivered or click and collect.

### Pre-loved items

We offer a whole range of pre-loved items in a range of sizes, please contact the school office either via phone or email if you require any items of school uniform.

We very much appreciate donations of items in good condition to the main school office that will help another family.

### Prospective parents open morning

**Wednesday 13<sup>th</sup> November**  
**9:30-11am**

If your child is turning 4years old by the 31<sup>st</sup> August 2025 and you are applying for a Reception place then please join our open morning.

Contact the school office to speak to admissions and book a tour:

**0208 590 5223 –**

[admin@st-aidans.redbridge.sch.uk](mailto:admin@st-aidans.redbridge.sch.uk)

### PE days

**Tuesdays – 5G & 4/5D**

**Wednesdays – 3/4R & 3W**

**Thursdays – 1M & 2A**

**Fridays- RS & 6Dw**

All children should wear their PE kit on the allocated day for their class this can now include Reception.

### PE Kit school uniform:

- St Aidan's school tracksuit or plain black tracksuit (Unbranded)
- St Aidan's blue polo shirt or plain blue
- Trainers
- Or black PE shorts

Please ensure all items are clearly labelled.

### Christmas events

#### Save the dates upcoming events:

**3<sup>rd</sup> Dec** – Christmas Bazaar 3:30-5pm

**11<sup>th</sup> Dec** -EYFS & KS1 Nativity at 10am  
Parents/Carers welcome – booking available soon

**12<sup>th</sup> Dec** – Christmas dinner & Jumper day

**18<sup>th</sup> Dec** – Ks2 Christmas story at 2pm  
Parents/Carers welcome – booking available soon



# St Aidan's News!



Beautiful artwork for Black History month, our mental health banner and the girls football tournament



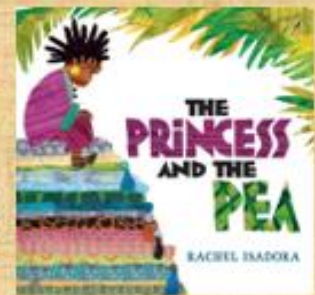
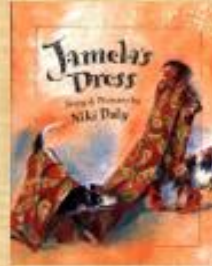


## Black history month in Nursery

Nursery have loved learning about Black history this month, through play and sharing stories together.



We learnt about the Windrush generation and what it must have been like. We looked at the beautiful places that these people came from.



We explored African art work and patterns then created our own, inspired by the colours and patterns that we had seen.



We learnt about Mae Jemison and created our own stars and constellations with play dough and gems.

We watched Simone Biles at the Olympics and moved our bodies like her, jumping, reaching and leaping.

We looked at the Williams sisters and had a go at playing tennis!

We imagined we had been on the Windrush and wrote a letter to a loved one that we had to leave behind.

# ST AIDANS NEWS

## Black History Month

This year the theme is 'reclaiming narratives'. This means understanding and correcting the historical inaccuracies. We have learnt the importance of taking control of our life stories and celebrating our differences. There are so many amazing inventors, scientists, mathematicians and more who have contributed to society.

### Art work

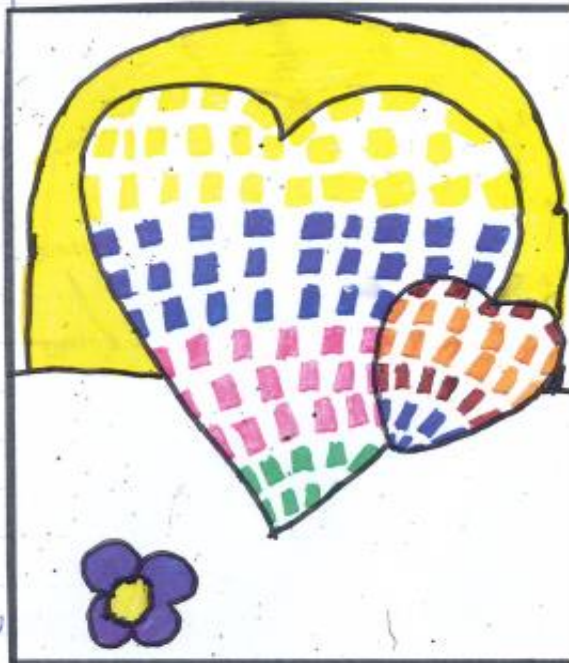
We were inspired by Alma Thomas's art work. She was an important role model for African Americans and older artists. She was the first African American to have her own solo exhibition at York's Whitney Museum of American Art.

### music

We have been singing worship music which has uplifted the people of the Caribbean in difficulties.

Faith is a crucial part of life as it supports how you think about yourself no matter what.

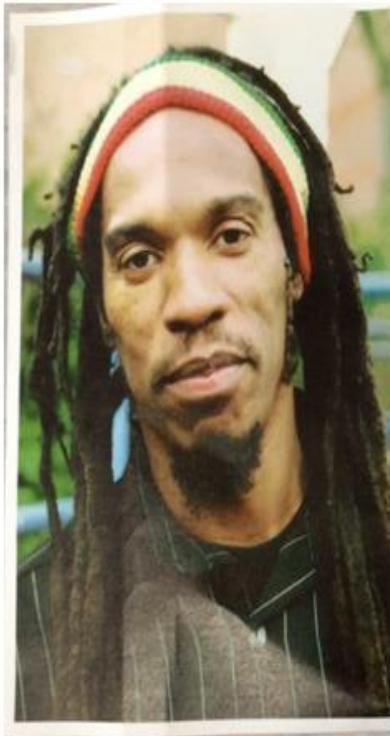
Eva 3/4R





We learned about black <sup>history</sup> ~~his~~ month.  
black history white people rule  
The world now it was equal some  
of the black people had to  
face ~~difficult~~ <sup>difficulty</sup> but Benjamin  
Zephaniah is a writer, poet, actor,  
musician and professor.

by Makheda



**Writer, poet,  
actor,  
musician and  
professor**

**Makheda (2A)**

Gideon  
6DW

# Black History Month



Black History Month takes place every year in October. That month, we learn about black people who have benefited the world in many ways. Carter G. Woodson was the founder of Black History Month when it started in Chicago during the summer of 1915.

## Did You Know?

Black History Month  
First began as  
a WEEK!

## ROSA PARKS

She was one of many black people that we give contribution to and learnt about because of the inspiration she gave to black people struggling with racial equality. On December 1, 1955, Rosa Parks was arrested for refusing to give up her seat for a demanding white man. She died in 2005 due to natural causes but she will always be remembered as 'The Mother of the Civil Rights Movement'.

"I believe we are here on the planet Earth to live, grow up and do what we can to make this world a better place for all people to enjoy freedom."



### YEAR 4 PEDESTRIAN WALK

One day we had to go out of the school and walk around the school block so we can learn how to use zebra crossing and pelican crossing. It felt like an adventure and we had our teacher Mr Da Costa with us to make sure that we are safe. My partner for this pedestrian walk was Eutyclus.

The pedestrian crossing teacher was very amazing because he had a cool mini street light. The nature outside was very beautiful and when we finished we got little cards with instructions about how to use the pelican crossing and zebra crossing. After a few steps we stopped because we had to know how to use the crossings.

The crossing teacher asked us questions about the crossings, and he told us that we should be careful at driveways because the drivers might not see us because some cars are big and their back windows are very small. So we should be careful at driveways. We should always think, stop, listen and look left and right before we cross the road. We should always be careful before we cross the road, so we can always be safe.

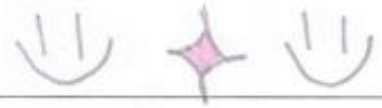
Daniyal 4/5D



**Daniyal 4/5D**



# Cagod Harvest



Cagod Harvest. It is when every class went to the hall and put good for others that are need. As we was placing our good, we had to say a prayer for the people that is less fortunate. The good was mostly canned goods or wrapped good.

This is important because everyone needs to eat and needs to be treated with respect and we all need to be equal. Cagod is a community that helps the poor when we do our donations, they give them to people living on the cold streets.

Having a good heart

A loving person

Resting in peace

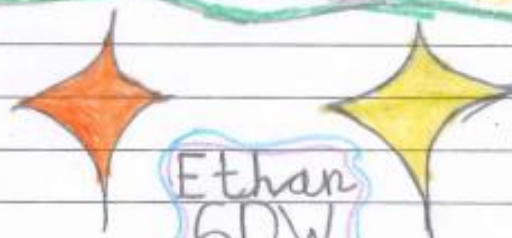
Very caring and Equal

Equal in an responsible community

Showing Equality

Trust in eachother

★ G A F O D ★

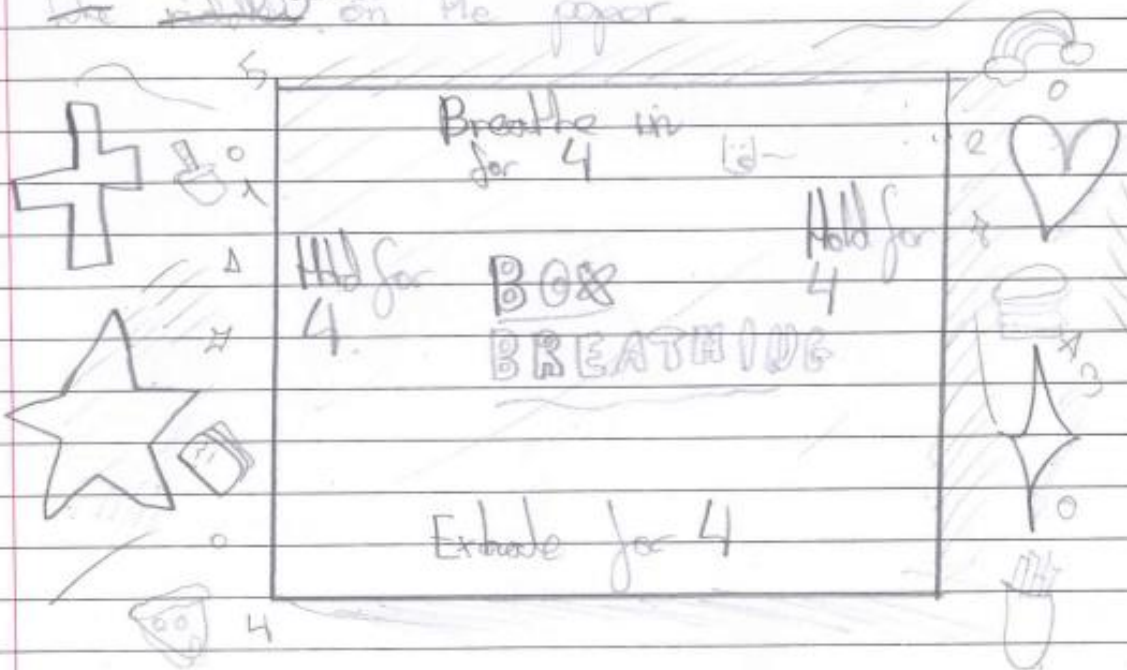


Ethan  
6DW

Wednesday 23<sup>rd</sup> Oct 2024

Mental health day - Loreen Lysiak 5G

When it was mental health day, we had to wear one of them that is yellow since it resembles joy and mental health. When we came into class, we did drawing after miss showed us a video from 'The Purple Boy'. After we did some drawing and break, we went out to an assembly by the mental health leaders. In the afternoon we did a doodle on a piece of paper in a different room. Then people gave us paper to do some of our doodles on a larger piece of paper where everyone's doodles will be kept. From every class in the school, then after that we did some coloring sheets of the earth and some puzzles we did on the paper.



Loreen (5G)



# Girls' Football tournaments

We went to the football tournament. We took 2 buses to get to St Aubyns on the way where people gave us good compliments, they told us we were well behaved. When we got there surprised because the school was so big it even had a big field.

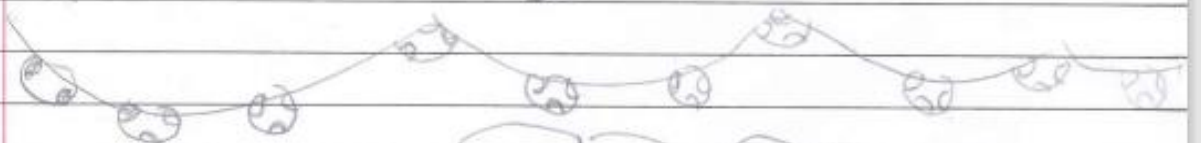
Our matches was really fun and the people we were against were really good. Everyone was amazing, I think everyone had a good time. We only scored 1 out of all the matches we did atleast, everyone tried there best!

We had our lunch after a while. At around 2:30 we headed to school we took 2 buses back we all had a good time!



# Goals!

Chizaram  
5G



# FOOTBALL

## Mental Health day

Mental Health day was so fun! On Mental Health Day we got to wear yellow and bring in a pound. At the start of the day we were given a piece of paper and a black pencil and watched a video of Doodle Boy, a 13-year old Doodler from England and did doodles of our own. After that we did a mental Health Day poster, then went for assembly about Hello Yellow (a mental Health organisation) who has partnered with M&S to make childrens lives better. Then we went back to the poster, then it was lunch. After lunch we coloured then participated in our Mental health day canvas. All and all it was great!



MENTAL  
HEALTH  
DAY



2024



Julia 5G